



**Big Grassy River First Nation Covid-19(Corona Virus) Community Member/Employee Protocol  
Guidelines for Travel and Returning to the Community**

These steps are designed to help with the prevention of the Covid-19 Pandemic.

If you have visited places such as known cases of the Covid-19 Virus either in big Cities, smaller towns, First Nations that have also made reports and tourist destinations please follow the following steps for the Prevention of an outbreak in the community especially if you are having Respiratory/Flu like symptoms:

**If you are a Status Community Member/Employee please report to the nearest Hospital (Rainy River), Health Access Centre or Fort Frances Tribal Area Health Services for Screening purposes and if you are not able to attend to the listed places right away please isolate yourself at your home until your able to attend the respective place. Avoid contact with Elderly, Children, Infants and Expecting Mothers until you have been cleared to do so.**

**Non-Status Members/Employees please report to your nearest Hospital (Rainy River) or Northwestern Health Unit(Rainy River) for screening.**

**These steps are to be followed with the highest respect and regards to all. If you have or plan on visiting such places please Follow the Protocol in these guidelines.**